



General Interest

Willow Heart Shaped Side Table*

Monday, February 6, 2012

Time: 6:30 - 9:30 pm

Fee: \$40.00 (Supplies provided by instructor)

Bring: Learners bring hammer and tape measure

Create a willow side table with a heart shape wooden table top



Instructor: Arlene Lane

*may not be exactly as illustrated

"Back By Popular Demand"

"A Gift to Our Community"

Mental Health First Aid (MHFA) for Adults Who Interact with Youth

Tuesday, February 7 & Wednesday, February 8, 2012

Time: 9:00 am - 5:00 pm

Fee: \$100.00 (includes a \$30.00 manual and lunch will be provided)

Facilitator: Wendy Fothergill

This certificate course is for adults who interact with youth and is designed to be sensitive to the unique needs of young people ages 12 to 24. It is meant to assist education professionals, health providers, parents and other adults in the identification of mental health problems and appropriate first aid intervention strategies. MHFA covers mental health and illness, substance related disorders, mood disorders, deliberate self-injury, anxiety, eating and psychotic disorders. This credit course can be used in Education/Social Work/Nursing.

Participants must attend all 14 hours to receive a certificate.

Target Audience: Members of the general public, teachers, health service providers, and emergency workers, frontline workers who deal with the public, volunteers, human resource professionals, employers and community groups.

English Language & Citizenship

Registration Night for English Language & Citizenship

Tuesday, January 24, 2012

Time: 6:00 -7:00 pm

English Language Learning: \$100.00

Citizenship Class: \$50.00

Note: Fee is due upon registration

On registration night an evaluation will be conducted to assess your level of the English language (conversation, reading, writing and pronunciation)

English Language Intermediate

10 weeks, Tuesdays & Thursdays, January 31 - April 5, 2012

Time: 7:00 - 9:00 pm

Build your conversational skills with some attention to pronunciation, accent reduction, grammar, reading and writing

English Language Advanced

10 weeks, Tuesdays & Thursdays, January 31 - April 5, 2012

Time: 7:00 - 9:00 pm

Advance your conversational skills with more technical language, workplace English, idioms and slang

Citizenship

10 weeks, Mondays, January 30 - April 2, 2012

Time: 7:00 - 9:00 pm

Receive help with the content of *Discover Canada – The Rights and Responsibilities of Citizenship*

Prerequisite: Advanced level of English



Language

Conversational Spanish for Travelers

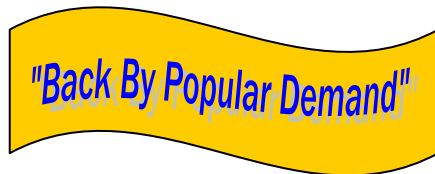
10 weeks, Tuesdays, February 7 - April 10, 2012

Time: 7:30 - 9:30 pm

Fee: \$100.00

Learn basic phrases and communication skills for travel and everyday situations. Grammar is not the focus.

Instructor: Johnny Aguilar, B.Comn.



Technology Today Series for Seniors

Beginner Computer for Seniors Part 1

Tuesday, February 7, 2012 OR Tuesday, March 13, 2012

Time: 6:30 - 8:30 pm

Learn computer basics: how to use the mouse and keyboard, save and find files, basic terminology and maintenance. (No Internet)

Beginner Computer for Seniors Part 2

Tuesday, February 14, 2012 OR Tuesday, March 20, 2012

Time: 6:30 - 8:30 pm

Prerequisite: Must have taken Beginner Computer for Seniors

Review concepts from Part 1 and learn ways to use your computer more effectively. (No Internet)

Beginner Internet for Seniors

Tuesday, February 21, 2012 OR Tuesday, March 27, 2012

Time: 6:30 - 8:30 pm

Prerequisite: Ability to use the mouse

Learn how to do searches, print and download information. (No Email)

Beginner Email for Seniors

Tuesday, February 28, 2012 OR Tuesday, April 3, 2012

Time: 6:30 - 8:30 pm

Prerequisite: Ability to use the mouse

Learn about electronic mail and why your family and friends are encouraging you to use it. Topics include: send and receive email messages, delete unwanted messages, address books and attachments.

Word Processing for Seniors

Tuesday, March 6, 2012 OR Tuesday, April 10, 2012

Time: 6:30 - 8:30 pm

Prerequisite: Beginner Computer for Seniors or ability to save and find files

Learn to adjust margins, font style, color and size; use spell-check; cut, copy, paste and insert a picture into your document. MS Word and WordPad will be used.

Fee for Series: \$100.00

Instructor: Sue Grams

Preference will be given to learners registering for all five classes.



"Back By Popular Demand"

Technology Today Series for Adults

Beginner Computer for Adults

Wednesday, February 1, 2012 OR Thursday, March 15, 2012

Time: 6:30 - 8:30 pm

Learn computer basics: how to use the mouse and keyboard, save and find files, basic terminology and maintenance. (No Internet)

Beginner Internet for Adults

Wednesday, February 8, 2012 OR Thursday, March 22, 2012

Time: 6:30 - 8:30 pm

Prerequisite: Ability to use the mouse

Learn how to do searches, print and download information. (No Email)

Beginner Email for Adults

Wednesday, February 15, 2012 OR Thursday, March 29, 2012

Time: 6:30 - 8:30 pm

Prerequisite: Ability to use the mouse

Learn about electronic mail and why your family and friends are encouraging you to use it. Topics include: send and receive email messages, delete unwanted messages, address books and attachments.

Excel for Adults

Wednesday, February 22, 2012 OR Thursday, April 5, 2012

Time: 6:30 - 8:30 pm

Prerequisite: Ability to use the mouse

Learn to create, edit, format and print basic worksheets and charts in Microsoft Excel.

Word Processing for Adults

Wednesday, February 29, 2012 OR Thursday, April 12, 2012

Time: 6:30 - 8:30 pm

Prerequisite: Beginner Computer or ability to save and find files.

Learn to adjust margins, font style, color and size; use spell-check; cut, copy, paste and insert a picture into your document. MS Word and WordPad will be used.

Fee for Series: \$100.00

Instructor: Aaron Long

Preference will be given to learners registering for all five classes.

"Back By Popular Demand"

Modern Uses of Technology

Digital Camera & Emailing Pictures

Monday, February 27, 2012

Time: 6:30 - 8:30 pm

Fee: \$30.00

Pre-requisite: Basic computer experience

Learn how to take photos with a digital camera, upload the photos onto a computer, create a zip file and send a photo in an email.

Bring: Fully charged digital camera, memory card and USB cable.

Photoshop Elements Basic

2 weeks, Mondays, January 30 & February 6 OR

2 weeks, Mondays, March 12 & March 19, 2012

Time: 6:30 - 8:30 pm

Fee: \$45.00

Pre-requisite: Computer experience a must

Learn the basics of adjusting your photos in Photoshop Elements software. Learn to import and organize photos, do quick fixes and changes, and build an online photo gallery.

Bring: Fully charged digital camera, memory card with pictures and USB cable.

Beginner iPad (Bring an iPad)

Thursday, March 1, 2012

Time: 6:30 - 8:30 pm

Fee: \$30.00

Learn the basics: downloading an app, configuring email, browsing the Internet, accessing music/video and a tour of iTunes.

Bring: an iPad as they will not be provided

NEW

Introduction to iPad (iPad is provided)

Friday, March 2, 2012

Time: 6:30 - 8:30 pm

Fee: \$30.00

Discover if an iPad is right for you, without having to purchase one! Explore what it is capable of by navigating through its features.

NEW

Twitter & LinkedIn

Wednesday, March 14, 2012

Time: 6:30 - 8:30 pm

Fee: \$30.00

Pre-requisite: Basic computer knowledge

Learn how to set up LinkedIn and Twitter accounts, add contacts, join groups and maintain your accounts.

Bring: Your photo, resume and a dozen email contacts.

Instructor: Aaron Long

Facebook

Wednesday, March 21, 2012

Time: 6:30 - 8:30 pm

Fee: \$30.00

Pre-requisite: Basic computer and internet knowledge

Learn the basic functionality of Facebook, setup a business group, and learn to create a Facebook ad.

Bring: Photo or image on USB stick

Introduction to Skype

Wednesday, March 28, 2012

Time: 6:30 - 8:30 pm

Fee: \$30.00

Pre-requisite: Basic computer knowledge

Learn to download Skype onto a computer and create your own account and practice free video calling.

Bring: Headphones

Instructor: Fakhra Shahid

Literacy Program

Council offers a confidential one-on-one volunteer tutor program for adults, ages 18 and older, who require assistance with basic reading, writing, Math or English Language Learning.



*Commemorating
International Adult
Learners' Week
March 24 through
April 1*

*Family Literacy Day
is January 27*

*Celebrate this day by taking the learning journey
Download & register your passport at:
www.abcliteracy.ca*

Family Literacy

Books for Babies

Tuesdays, February 7 - 28, 2012

Time: 10:00 - 11:00 am

A program for parents/caregivers and babies (newborn to 1 year) which recognizes, supports and celebrates parents as their children's first teachers.



1-2-3 Rhyme with Me

Wednesdays, February 8 - March 28, 2012

Time: 6:30 - 7:30 pm

A program for parents/caregivers and children (1 to 3 years) which uses rhymes, songs and stories.



Due to limited funding priority will be given to families with the greatest need.

Funded by Alberta Government

Harness the Power of Videoconferencing



Meeting Skills for Results
Wednesday, January 25, 2012
Time: 12:00 Noon - 1:30 pm
Fee: \$10.00



Government of Alberta ■
Culture and Community Spirit

Strategies and tools that help meetings produce results, whether you are having a governance meeting, a meeting to give or get information or to focus on a project. Topics: 6 different meeting types, governance and goals, dynamics, using agendas for advantage, methods for recording minutes and tips for chairing a meeting.

Volunteer Recruitment
Tuesday, March 20, 2012
Time: 11:30 am - 1:00 pm
Fee: \$10.00

Discuss: Volunteer recruitment, job descriptions, barriers, environmental context - Urban, Rural, Ethno-Cultural, profiling and marketing strategy plan

Instructor: Richard Larsen, MSc. (Community Development Officer with Alberta Culture and Community Spirit)

Staying Cool at Menopause
Tuesday, March 20, 2012
Time: 6:30 - 8:30 pm
Fee: \$20.00



Are you seeking options for relief? Are you interested in bioidentical hormone therapy, as mentioned on the Oprah show? Explore menopause and hormone therapy; what happens in our bodies around the time of the last menstrual cycle; the latest scientific information of both the benefits and risks of hormone therapy, bioidentical hormone therapy; and options to manage symptoms for women who are unable or prefer an alternative to hormone therapy.

Instructor: Kim Small, RN, BScN, NCMP (Health Educator with the Women's Wellness Program at the Grey Nuns Community Hospital and works with the Menopause Clinic)

Volunteer Retention
Tuesday, April 3, 2012
Time: 11:30 am - 1:00 pm
Fee: \$10.00

Explore 'What Works' recognizing that volunteer retention is fundamentally a work of relationship and trust building. View motivating factors and feelings of volunteers, examine the mutual satisfaction which comes from helping things go right, examine strategies, resources and assets, successes in retaining volunteers, who is involved in retention efforts including: Board Members, Executive Directors, Paid Staff, Other Volunteers and Customers

Basic Grant Writing Proposal
Wednesday, May 9, 2012
Time: 11:30 am - 1:00 pm
Fee: \$10.00

For Non-profit organizations that need to write a letter of intent or a general grant proposal where an application form is not provided. This style has a 30 year track record as one of the most successful grant proposal writing formats.

Instructor: Richard Larsen, MSc. (Community Development Officer with Alberta Culture and Community Spirit)

Join our Team

Become a
Class Host
OR
Tutor

These are volunteer positions

Please call 780.875.5763

To Register: By Mail:

Note: You Must Pre-Register

Lloydminster Learning Council Association
Box 1651, Lloydminster, SK/AB S9V 1K6
Phone: 780-875-5763
Email: learning@telusplanet.net

Office Hours:
Monday - Thursday 9 a.m. - 5 p.m.

In Person: Lloydminster Learning Council Office
4419 - 52 Avenue
Fax: 780-875-5793

Web Page: <http://www.lloydlearningcouncil.org>

Lifelong learning...it's our business

Limited enrollment, register early. Please make cheque payable to Lloydminster Learning Council Association.

Registration is not complete until fee is paid.



Lloydminster
Learning Council
ASSOCIATION



**Community Adult
Learning Councils**

Payment by cash or cheque only